

## GLACIAR CLIMBING COURSE



Volcano Cayambe is the 3rd highest volcano in Ecuador (5790m' high). It is located in the Cayambe - Coca Ecological Reserve in the Cordillera Oriental of the Andes, 70' north-east of Quito. At the altitude of 4,690m on its south slope, is the highest point in the world crossed by the Equator and the only point on the Equator with snow cover. From the Cayambe you can see the landscape of the northern hills of Quito and surrounding cities.

This tour goes to a height of 5000m. It is important that you are prepared for this kind of altitude. We recommend acclimatizing at least two days around 3,000m.

### Tour Schedule

(Note: All times are approximate, EXCEPT starting time)

| Schedule | Itinerary  |
|----------|--|
| 06:45    | Leave from Plaza Foch for transfer to the Cayambe Ecological Reserve   |
| 09:00    | Breakfast in a local restaurant  |
| 09:30    | Enter to Cayambe – Coca Ecological Reserve   |
| 10:30    | Hike up towards the glaciär  |
| 12:00    | Reaching the glaciär and the refuge to observe Condors and enjoy the beautiful view over the Cayambe Ecological Reserve (height 5000m) |
| 13:00    | Training in the glaciär  |
| 14:30    | Lunchbreak   |
| 17:30    | Return to Quito  |
| 19:00    | Arrival at Plaza Foch, Quito   |

**The package includes:** Professional bilingual guide, transport to/from Quito, breakfast, lunch, equipment for the mountain (crampons, Ice axe, polar pants and jacket)

**The package excludes:** Tips for guide, extra drinks and food

**Important:** For the use of bicycles, you will be kindly asked to sign a document that you accept responsibility of the good use of the bicycle and asked to let an identity document that will be given back after the tour. Thanks for your understanding.

**Necessary Equipment:**

|   |                      |                      |
|---|----------------------|----------------------|
| - Warm clothing (including a change of clothes) | - Gloves, Scarf, Hat | - Sunglasses         |
| - Water   | - Hiking shoes/boots | - Camera             |
| - Cotton pants                                  | - Long socks         | - Sun cream          |
| - Snacks  | - Waterproof jacket  | - good Trekkingshoes |

Cayambe has its own micro-climate and the weather in the area is very unpredictable, so please be prepared with warm and waterproof clothes (you can buy gloves, scarves and hats to the indigenous women selling them at the National Park entrance). The tour will leave in any weather.

**It is important that you have current travel insurance including personal medical insurance. Please inform us of any known medical conditions or dietary requirements you have.**

All Gulliver cars come with advanced satellite tracking devices to control position and speed, or for extra safety in an unlikely case of an accident. Every car has full insurance.

We always make sure to fulfill the highest security and safety standards for all our clients.

We put a lot of effort in organizing the tour; therefore, cancellations require 24hrs notice by which we would give you a **50% refund**. Cancellations will not be refunded with a shorter time notice.

***Please note tips for our guides are not included in the price. If you enjoyed your trip, a tip of around 10% would be greatly appreciated.***

**GOOD LUCK, HAVE FUN AND ENJOY YOUR ADVENTURE!**